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PLEASE EMAIL ALL NEWSLETTER ITEMS AT LEAST 7 DAYS BEFORE THE START OF THE MONTH TO:
vjose@tpg.com.au

PRESIDENT'S REPORT

A big thankyou to Dennis for taking over the president's role whilst I was away overseas. It is great to have a team of people willing to step up when necessary.

By now most of you will have noticed that the sound separation barriers have been installed by Monash Council in the "gaps" between the ground and first floors at the hub. This will help reduce noise transfer between the floors but does not eliminate it completely! The stairwell still transmits significant noise downstairs so, if you are in the area between the kitchen and the stairwell please keep the noise level to a minimum. If you are having a 'cuppa' with friends please consider moving further down the common area towards the seminar rooms.

A number of members have been emailing the Secretary, Course Coordinator and Webmaster regarding their enrolments. Member enrolments are not the responsibility of these people and they should not be asked to deal with matters like apologies, withdrawals, amendment to enrolments etc. All such matters should be addressed to the office.

Apologies for the lack of WiFi for the first couple of weeks of the term and the difficulty it caused with enrolments. The problem has now been rectified thanks to significant work by Geoff Fitzpatrick and Fock Lee and WiFi is now available again for use by tutors in class. The hoped-for ability to make WiFi available to all members will have to wait until the NBN is connected – possibly by the end of this year!

The membership secretary reported to the last committee meeting that our enrolments are rapidly approaching 800 members (currently 794). You can imagine that this is starting to cause accommodation challenges – fitting all those people and classes into the Hub. A number of small classes moved "off-campus" at the beginning of the year – generally into member's homes – and one large class, ballroom dancing, moved to a new facility which we have to hire. This situation is expected to become more challenging in the future as there seems to be increasing interest in what we offer and we have members and others proposing new courses.

Thank you to all those that contribute to the running of U3A Waverley – you are appreciated.

Robert

Volunteers Are Gold.

So a large **THANK YOU** from the Committee of Management to all our volunteers for the hours you give.

Our numerous and valuable tutors - without them there would be no courses.

The Course Coordinator - Ray Newton, ensuring that the programme runs smoothly.

Our long-time Office Manager - Jan Delaney, who trains and rosters the office staff.

The Office Staff - who in addition to their office duties, clean the kitchen and top up supplies throughout the day.

Our Librarian - Pamela McMaster, making sure the selection remains fresh.

Fock Lee and his team - digitizing our paper records. A mammoth and exacting task.

Our Newsletter Editor - Lorraine Erenstrom, who is having a well-deserved rest for the next two editions.

(And thank you Vera for filling in).

REMINDER

Notice of absence from a class should be phoned into the office or directly to your tutor. If you know in advance that you are unable to attend a class (for holidays etc), please note your absence on the roll.

Please **DO NOT** email your absence to the U3A

A VERY BIG THANK YOU

to everyone for their support, understanding, good and kind wishes, cards, flowers etc. etc. during the time that I was unwell. It helped a lot.

Love you all.

Thank you

Nia

Exploring Science and Technology

3 September

1. Lithium - David Kemp
2. Continued

10 September

1. The Elegant Universe (DVD) - Robert Taylor
2. The Physics of Pizzas, Knitting and Cricket - Robert Taylor

17 September

1. Food Fraud - John Casey
2. Continued

24 September

U3A HOLIDAY

1 October

U3A HOLIDAY

8 October

1. The Ascent of Us - Aidan Sudbury
2. Robert Taylor presents

15 October

1. Geography Humanities or Science or just colouring in? - Dennis Atkin
2. Continued

22 October

1. Gardens for wildlife

29 October

1. PIPELINES - Rahif Kattan
2. Continued

5 November

U3A HOLIDAY

A man arrived home from work and told his wife that he saved 2 Dollars by running after the bus instead of riding it home.

His wife told him that he was a fool as he could have saved 60 Dollars had he run after a taxi!



FRIDAY SCIENCE – NEW COURSE FOR 2020

BRAIN MYTHS EXPLODED – LESSONS FROM NEUROSCIENCE

With its 86 billion neurons and hundreds of trillions of intricate connections, the human brain is mystifyingly complex. Which explains why, despite lightning-fast advancements in neuroscience, there's still a lot that we don't understand. And even what we think we understand may not be completely accurate.

These myths include the idea that you're only tapping 10% of your brain's potential; that creative people are dominated by the right side of their brain; that your brain is perfectly capable of juggling multiple tasks simultaneously; that there's a hidden message in your dreams; and that our dependence on technology is making us less and less intelligent, just to name a few.

To start building a more straightforward, accurate understanding of current breakthroughs in neuroscience, and how they're reshaping what we thought we knew about the brain, you have to start by shattering popular brain myths. Exploring these myths is also a fun way to engage with neuroscience—to get an accessible look at an often-intimidating field of study—as well as a chance to think more deeply about who you are and why you do the things you do.

Using a DVD lecture series as a basis we will examine questions such as:-

Are bigger brains smarter?

How different are female and male brains?

Can certain foods make you smarter?

Can brain games make you smarter?

Are your decisions rational?

Are dreams meaningful?

Does technology make you stupid?

Open me, and you can't see me without a mirror. Close me and you can't see me at all.

What am I? (**The answer is YOUR EYES**).

